



NACi  
Strategic  
Plan  
2021-2025

# Mission

Australia's leading charitable research institute in foodservices; translating evidence to practice, delivering real outcomes for vulnerable populations

## Charitable Purpose

The Nutrition and Catering Institute (NACi) is a non-for-profit research charity and uniquely uses foodservice systems to support the wellbeing and health of those in care and those providing care across the foodservice sectors

## Aspiration

To be recognized as a credible source of information and research to develop a workforce and system which will lead to better health and wellbeing through quality foodservices

## Foodservice Sectors

- Aged care
- Community meal services
- Fly-In-Fly-Out
- Education
- Indigenous
- Disability

## Prevention and control of Chronic Disease

The NACi is established to control & prevent dietary related chronic disease within a safe foodservice system

- Cardiovascular disease
- Gastrointestinal disease
- Diabetes
- Obesity
- Malnutrition

# Research with and for the foodservice sector

## Goal

Increase the quantity and quality of available materials integrating science with the practice of foodservices

## Activities

- Develop projects to support the prevention and control of chronic disease
- Raise funds for research to enable projects to be undertaken
- Student engagement program with universities to undertake projects to support the goal and provide valuable research experience to foodservice dietitians
- Develop a dedicated research group to enhance foodservice dietitians working across the foodservice sectors.

## Impacts

Building recognition and reputation by being seen as the “go to” group for foodservice project work

Research of high quality established and made available on the website, library and interested parties

Resources available for foodservice workers and community to educate, up skill and provide information to support the prevention and control of chronic disease

Identified as an excellent placement opportunity by students

# Professional development for the foodservice sector

## Goal

Increase the skills, visibility, professionalism, and competence of those working in foodservice for vulnerable groups

## Activities

- Commence Victus Foodservice Magazine
- Commence a blog stream
- Seek Financial support for educational programs
- Support industry-based projects and information
- Scholarship program to foodservice events

## Impacts

Building recognition and reputation among foodservice personnel

High quality material and program with care sought out and well used

Scholarships build capacity within the industry and provide opportunities

Attend foodservice events to promote the institute mission and purpose

Built a central library for the foodservice sector to access research, submissions, and resources

# Skills development in the foodservice sector

## Goal

Increase the skills of the foodservice sector to support those requiring care

## Activity

- Provide practical, skills-based resources/events
- Promote NACI program at industry wide events
- Develop online skills events which are income generating

## Impact

NACi is seen to provide materials and programs which are pertinent, accurate and solved problems to prevent and control of chronic disease

The skills and capacity of workers in the sector are enhanced to deliver services to those in care

# Innovation in foodservice science and practice

## Goal

To develop and encourage innovation in the foodservice sector to support the prevent and control of chronic disease

## Activities

- The NACi will be sought when commercial and industry standards required review
- Material describing how innovation can be applied in practice will be developed

## Impacts

Improvement and innovation in foodservice system will be monitored and published

Foodservice will be seen as integral to the health and wellbeing of vulnerable people